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# MARKETPLACE NEWSLETTER

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## Staged N Sold Sell it Faster, Sell it Smarter!

Your home is likely the largest investment that you've ever made. If you've made the decision to sell your home, you'll want to maximize your sale price and minimize your time on the market. Home staging is a proven technique that sets a scene throughout your house to create immediate buyer interest in your property. Maximize your investment by calling the

experts at Staged N Sold before you put your home on the market!

Connie Nedergaard is an Accredited Staging Professional Master (ASPM) and the President of Staged N Sold. As a former real estate agent, Connie understands the importance of home staging and believes that taking the time to properly prepare your home for sale is paramount. "The way you live in your home, and the way you market and sell your house are two different things" says Connie. "You have to create an appeal to the general public if you want to sell faster and for the highest possible price."

Staged N Sold offers three service plans that range from limited to full service. The Limited Service Plan is a two stage program that provides homeowners with a detailed report of ways to prepare their house for sale and a follow-up consultation and certification. The Shared Service Plan involves a team of ASPs actively participating in the staging. The Full Service Plan is for clients who don't have time to participate and includes all elements of staging the house and preparing it for the market.

Ensure that your house sells quickly and that you maximize your sale price! Contact Staged N Sold today at 613-601-6581,



or by email at [connie@stagednsold.com](mailto:connie@stagednsold.com). Visit [www.stagednsold.com](http://www.stagednsold.com) for more information.



One of 16 community newsletters. Premium city wide circulation over 112,000.

## Santa is Coming to Merivale Mall! The Countdown to Christmas is On

As the clocks change and fall's pleasant temperatures give way to winter, we're reminded that the holiday season is just around the corner. Merivale Mall is pleased to announce that **Santa and Mrs. Claus will be arriving on Saturday November 17th, 2007 at 11 am in centre court.**

Santa and his helpers will be available for photographs from November 17th until December 23rd when they return to the North Pole to fill their sleigh. Children who visit Santa on November 17th will receive **\$2.00 off their photographs** when they print off their coupon from the Merivale Mall website. Santa's hours are Mondays through Fridays from 4:30pm to 7:30pm, Saturdays from 11am to 1pm and from 2pm to 4pm, and Sundays from noon to 3pm.

Merivale Mall is considered by many to be the "Stocking Stuffer



Mall" during the holiday season. Beautifully decorated and with great gifts at excellent prices in every store, it's a great way to get ready for Christmas. Visit our stores from Music World, The Source, Peoples Jewellers, Sport Chek, Farm Boy, Brass N Crafts, The General Store Amaze and Carlton Cards, Merivale Mall has everything you need in one convenient location.

Get ready for the holiday season with Santa Claus and Merivale Mall! Merivale Mall is located at **1642 Merivale Road**. Visit [www.merivalemall.ca](http://www.merivalemall.ca) for store hours and information on other great mall events.



MERIVALE MALL

## The Best Care for your Pets! Riverside South Animal Hospital

If you're like most people, your pets are an extension of your family. When the time comes to decide on a Veterinarian for your pets, you'll want to make sure that you choose someone who will care for your pets as though they were their own. Whether your pet is feeling a little under the weather or it's time for the annual wellness exam, you'll want to trust the experienced and caring staff at the Riverside South Animal Hospital.

The Riverside South Animal Hospital is a **full-service veterinary hospital** that caters to a wide variety of pets. Dr. Sherri Dennett and Dr. Heather Fitch love working with animals and have a combined 27 years of veterinary experience; including over 10 years each as **emergency critical care veterinarians**. They place an emphasis on preventative health care through annual wellness exams, oral health care, vaccines and diet. This is complimented by the ability to offer dentistry, surgery and digital x-rays on site.



Whether a cat, dog, rabbit, ferret, bird, or other pocket pet, the experienced and friendly staff members at the Riverside South Animal Hospital are ready to make your pets visit as pleasant as possible. Your pet's health is their first priority!

Visit [www.rsah.ca](http://www.rsah.ca) for more information. The Riverside South Animal Hospital is located at **4184 Spratt Road** (in the heart of the community), and is open Mondays and Thursdays from 8am to 6pm, Tuesdays and Wednesdays from 8am to 8pm, Fridays from 8am to 4pm, and Saturdays from 9am to noon.

Contact the Riverside South Animal Hospital today at 613-822-6009 to book your appointment or drop by to say "hello" and give your pet a treat.



EXCEPTIONAL PRODUCTS AND SERVICES IN YOUR NEIGHBOURHOOD

# Professional Excellence


## Get the Competitive Edge!

For 13 years, Alana's personal approach and professional excellence have made her the choice of many Ottawa South residents. She takes the time to fully understand your goals. If you're selling, Alana can recommend painters, home stagers and decorators to ensure that your home sells quickly and for the highest possible market value. If you're buying, Alana has access to all of the newest listings and she works one-on-one with you to find the right home for the right price. She can recommend financial advisors, building inspectors and lawyers, and advise you on their role in your purchase. Alana works full-time to ensure that you reach your goals and enjoy the process. Making a move is an exciting time in your life. Enjoy it!



Buying or selling a home, if not done right, can be a stressful undertaking when you don't have the right Realtor working for you. You need someone who's passionate about real estate. You need someone who will protect your interests every step of the way. **You need Alana Dennett of Re.Max Metro-City Realty Ltd. Brokerage!**

Alana is also passionately dedicated to the Children's Miracle Network. For the past 12 years **Alana has donated a portion of each of her commissions to the Children's Hospital of Eastern Ontario.**

Alana Dennett's knowledge and experience will give you the competitive edge! Contact her today at 613-737-7200 (office,) or at 613-299-7200 (cell,) or by email at [adennett@sympatico.ca](mailto:adennett@sympatico.ca). 



# Rejuvenate Your Skin

## Restore Your Youthful Appearance

Now that winter is just around the corner, we're reminded that another holiday season is not that far off. Restore your youthful appearance and rejuvenate your skin in time for Christmas or New Years by calling Dr. Faruqui at the Cosmetic Vein Clinic today!

It seems that there are a number of businesses trying to help people with these problems, yet for my skin I wanted to turn to a medical professional I could trust in our community. Dr. Faruqui is just such an expert. Working as a family physician at The Village Health Centre, Dr. Faruqui also operates The Cosmetic Vein Clinic, which offers a range of noninvasive cosmetic procedures and skin care treatments.

Sclerotherapy is the non-surgical method of correcting problematic veins. It's virtually painless and requires no down-time. And in the case of varicose veins, it's even covered by OHIP. Dr. Faruqui also offers the ever-popular Botox treatments as well as Restylane



fillers to smooth out lines and take years off your face.

For a truly fresh and bright look, you'll want to check out the remarkable peels. Evening your skin tone while increasing your skin's natural glow and radiance on top of reducing wrinkles and lines are just a few of the benefits of this amazing procedure.

Get the cosmetic treatments you want performed with the medical expertise of a family physician. Call 613-826-2502 to learn more about the Cosmetic Vein Clinic and Dr Faruqui's services. The Cosmetic Vein Clinic is located at 3192 Logan Farm Drive inside the Village Health Centre. 



"Time is the most valuable thing a man can spend." Laertius Diogenes

# Better Business Bureau Torch Award Winner!


## Body Menders Collision Fix Auto Gloucester

Your vehicle is an essential component in maintaining your lifestyle. If you've had the unfortunate luck of being in a car accident and you want the best collision repair for your dollars, your first call should be the award winning collision repair specialists at Body Menders Collision!

Body Menders Collision Fix Auto Gloucester was recently awarded the Better Business Bureau's 2007 Torch Award for Marketplace Ethics in the Medium Business Category. Proprietor Patrick Hopkins is a 30-year veteran of the collision repair trade and is extremely proud that Body Menders Collision is recognized as an industry leader in honesty and fairness with their customers and employees. "There is no better business practice than ensuring that a customer gets unparalleled customer service at a fair and honest price" says Pat.



The state-of-the-art facility at Body Menders Collision boasts the latest repair equipment and materials. They are a Canadian Automobile Association Approved Auto Repair Service Centre and all of their repairs are backed up by a lifetime, national warranty through the Fix Auto franchise system.

Count on Body Menders Collision for expert accident repairs, great customer service and fair, honest treatment. If you're looking for a trusted collision centre with industry acknowledged excellence, call Body Menders Collision today at 613-822-6338. Visit [www.bodymenderscollision.com](http://www.bodymenderscollision.com) for more information. Body Menders Collision is located at 4320 Ramsayville Road in Gloucester. 



# You'll be Proud to Call it Home!

## Get \$1000 off Your First Month!

For the ultimate in gracious living, consider Bridlewood Retirement Residence. From the moment that you step through the front door, you'll feel the warm and welcoming atmosphere of a friendly family community. With an elegant environment, exceptional amenities and a friendly staff, it's a place you'll be proud to call home!

At Bridlewood Retirement Residence, their priority is to make your lifestyle as comfortable and worry-free as possible. Mundane details become a thing of the past as they take care of your meals, house-keeping and laundry, so that you can concentrate on doing whatever makes you happiest. From card tournaments and scheduled outings, the calendar of activities offers something for everyone. You can enjoy a walk along the beautifully landscaped grounds, or



relax on a sun-filled outdoor patio. Whether your preference is lively socializing with friends or quiet time in the lounge, Bridlewood Retirement Residence provides a gracious environment for you to enjoy your retirement years.

As a special offer, if you sign with the friendly community at Bridlewood Retirement Residence before November 30th, you'll receive **\$1000 off your first month payment!** Call 613-521-1977 today for a personal tour and a **complimentary lunch and gift.** For more information on the many services and amenities of Bridlewood Retirement Residence, visit them online at [www.chartwellreit.ca](http://www.chartwellreit.ca) or in person at 3998 Bridle Path Drive (Opposite South Keys, off Hunt Club Road.) 



## Make Your Move Stress Free! With Adam's Moving & Supplies

All of us have had or heard a horror story when it comes to moving. Time constraints and stress can make what is meant to be an exciting time into perilous disaster, yet it doesn't have to be that way.

Making a household, apartment, office or internal move, the experts at Adam's Moving have everything you need to facilitate it. Owner Terry & Helene Anderson have operated Adam's Moving for over 38 years. They have assembled a professional team that can take care of your every concern and put your mind at ease.

Moreover, if you're moving yourself, you'll definitely want to get all your packing supplies from their extensive selection. Boxes, packing wrap, tapes, labels, and more! You'll find everything on your list and everything you forgot.

Take advantage of Adam's Moving & Supplies Buy-Back Program on standard moving boxes.



Not only does it give you money, but you'll reduce the packing cost for others, and help the environment.

Visit Adam's Moving & Supplies, located conveniently at 1994 Scott Street (Between Island Park Drive and Churchill) with plenty of free parking. Phone 613.722.6044 or visit [www.adamsmoving.ca](http://www.adamsmoving.ca).

## The Best Mortgage Rates in Canada Stop Wasting Your Money - The Service is Free!

Renewing? Refinancing? Purchasing? According to economic experts, Fixed Mortgage Rates are expected to come down in 2008. If you're tired of wasting money on unnecessary mortgage interest payments, contact Derek Artichuk of [Mortgagebrokersottawa.com](http://Mortgagebrokersottawa.com) right away! Derek has access to as many as 40 lenders in Canada including major banks like TD Canada Trust, Scotiabank, and CIBC Firstline just to name a few.

When it comes to your mortgage, you should always get a second opinion. With so many mortgage options available, you need to rely on a professional to determine which mortgage is best suited to you. A mortgage broker specializes in mortgages and will always give you their honest and unbiased opinion. When renewing, they'll usually offer better rates than the bank. When refinancing, they'll restructure your debts and give you lower monthly payments. When purchasing, they'll give you a mortgage strategy that will cut years off your mortgage payments and save you money! And the



best part about this is **THE SERVICE IS FREE!!!**

All rates are guaranteed for 120 days. This is a great tool for people who will need to renew their mortgage sometime between November and March. If you are looking to buy, get pre-approved today. This way you'll know exactly how much you can afford and you'll be ready to act quickly when you find your DREAM HOME!

For the best advice on how to **save money on your mortgage**, contact Derek Artichuk of [Mortgagebrokersottawa.com](http://Mortgagebrokersottawa.com) today at 613-797-7948, or by email at [dereka@mortgagebrokersottawa.com](mailto:dereka@mortgagebrokersottawa.com). Visit [www.derekartichuk.com](http://www.derekartichuk.com) for more information and to apply online. **START SAVING YOUR MONEY TODAY!**



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## French Café Relax • Savour • Indulge

Gracia Agostinho grew up savouring the panache and relaxing atmosphere of coffee houses in Europe. These cafés were a trendy way to meet friends for an afternoon indulgence and a serene retreat from a demanding day. If you are looking for an oasis from your hectic schedule busy lifestyle, a little European flair is brewing in Manotick with the arrival of French Café!

French Café's remarkable atmosphere can be attributed in part to the music and eclectic décor that greets you. With a **gas fireplace**, a **plasma television**, a great patio and **free wireless internet**, there's no better place to escape. People even stop by the Café simply to see the lavishly decorated Marilyn Monroe washroom. French Café is now pleased to display work from local artists in their art gallery.

French Café offers a selection of organic home-made foods and fresh ground Fair Trade coffees from around the world. Soups, Sandwiches, Salads,



quiche and baked goods are made fresh for you to enjoy!

Love to read? *A Fine Balance* by *Rohinton Mistry* and *Le Parfum* de *Patrick Suskind* are the first French Café Book Club selections. Pick up your copy today and call to find out meeting dates and times.

If you've got your own book club or social group and you are looking for a wonderful ambiance to hold your gatherings outside of your home, call French Café and make a reservation (8 people maximum.) You'll be glad that you did!

Enjoy a break from your day by savouring the many scrumptious delicacies and the relaxing atmosphere of French Café at 1160 Beaverwood Road in the Manotick Mews. Call 613-692-2629 for more information.



## PET VALU® Better Pet Nutrition In the Manotick Mews

For most of us, our pets are an extension of our family. When the time comes to make decisions about foods, supplies, and lifestyle maintenance, you'll want to trust the expert and friendly staff of the PET VALU® in the Manotick Mews.

Now that our days are getting shorter, ensuring that you and your pet are visible while out for a walk should be your primary concern. For your safety, PET VALU® in the Manotick Mews carries coats with reflective tape, as well as collars and leads with lights and reflective tape. They carry the "Dog e Alert" pet tracking system which lets you know if your pet wanders out of range. PET VALU® also offers professional tag and horse plaque engraving services. Their sophisticated software has limitless potential, allowing owners to customize a design for their pet!

PET VALU® in the Manotick Mews offers in-store nail trimming services on Wednesdays from 6pm to 9pm, as well as a grooming station



where you can wash or groom your dog. The full-size bath and the professional high-velocity dog drier will accommodate any size dog, and PET VALU® in the Manotick Mews will provide you with an apron, shampoo and towels. Several customers even keep a bottle of their dog's favorite shampoo in the store! Or if you would prefer, their expert staff can wash your dog for you.

Visit the store and see their new product lines. Every pet deserves PET VALU®! Call them today at 613-692-1769 or visit [www.petvalu.ca](http://www.petvalu.ca) for more information. PET VALU® is located at 1160 Beaverwood Road in the Manotick Mews. Store hours are Monday to Friday from 9am to 9pm, Saturday from 9am to 6pm, and Sunday from 10am to 5pm.



## Exceptional Performance From Exceptional Mechanics

At Young St. Garage, Bela Csombok Jr. and Kurt Hillebrand provide a level of service and commitment that is a cut above the rest. For those of you who drive a vehicle that is by its nature a cut above a BMW, Mercedes Benz, Volvo & Volkswagen, you'll appreciate that extra specialized service and caring attention that has made Young St. Garage, the preferred dealer alternative for quality automobiles.

To create a garage like this one, takes some quality parts that need to work in unison to deliver truly impressive performance. Friendly service, we expect from a family owned business. Expertise and extensive technical training is expected from any quality garage. Having them together along with access to the most up to date diagnostic and repair equipment including advanced computers to reprogram BMWs and Minis for performance upgrades, makes for a finely tuned garage capable of



surpassing your expectations. It's what your vehicle deserves so that you can make the most of your investment.

The ongoing commitment of Young St. Garage is to provide you with the most efficient expert service possible.

So for a Fall tune up or more serious problems, turn to the community garage with the technological advantages and exemplary staff that have made them a true dealer alternative. Visit Young St. Garage at 22 Young St. Phone: 613-234-2910 Visit online at [www.youngstreetgarage.com](http://www.youngstreetgarage.com)



## Mill Street Florist Presents: Sally Nolan-Smith

Sally Nolan-Smith was born and brought up in the United Kingdom. She joined the Mill Street Florist team five years ago with a background in customer service as well as art and design.

Sally has been an enthusiastic member of the team, drawing on her experience to create floral pieces using the distinctive style and technique that distinguish Mill Street Florist from other run-of-the-mill flower shops, and makes their arrangements and bouquets so memorable. Her warm personality and gentle smile welcomes visitors to the store and she happily shares her knowledge, helping customers choose flowers or giftware to express their feelings.

Sally is a member of the Horticultural Society and loves spending her spare time working in her own garden. Sally's many other hobbies include reading, woodcarving, traveling and movie going.



With the holiday season approaching, now is the time to stop by Mill Street Florist and let Sally introduce you to some of the fabulous ways you can add a touch of creative flare to your seasonal décor. The largest selection of holiday treasures, blended with dew-fresh flowers gathered from all over the world ... you simply can't go wrong!

Whether you're looking for something simple or something extravagant, you'll want to experience the customized beauty at Mill Street Florist. Call them today at 613-692-5000 or stop by 1136 Mill Street in Manotick. Visit [www.millstreetflorist.com](http://www.millstreetflorist.com) for more information.



"A great pleasure in life is doing what people say you cannot do." Walter Gagehot

## The Kobe Beef of Pork and More! Belliveau Quality Frozen Foods 1 Free Pork Chop

Dave Belliveau, owner of Belliveau Quality Frozen Foods, has done it again! When he first introduced me to the luxury of having name brand restaurant quality food at very competitive prices delivered to my door and the convenience of ordering online, it fundamentally changed the way my family and I eat.

Most of the products that you get at a restaurant are not available at the grocery store because their quality makes them slightly more expensive and ultimately not competitive in that market. What we find at the grocery store is often loaded with fat and filler to make the product cheaper.

With suppliers like Macgregor's Meats and Seafood recognized as one of the best suppliers in the Canadian restaurant industry, I know that I'm getting the finest food available. Dave has introduced a new product to his extensive catalog, Kurobuta Pork. This 300 year old breed of pork was



discovered in Berkshire, England and quickly became the choice of royalty. Free from hormones and other artificial tampering, Kurobuta Pork is truly unlike any pork you've ever tasted before.

Visit [www.bqff.ca](http://www.bqff.ca) where you can SHOP-ONLINE for Kurobuta pork and a wide selection of other excellent products from Belliveau Quality Frozen Foods. As a special promotion, customers ordering online for the first time will receive 1 Kurobuta Pork Chop FREE with a minimum order of \$100! Call Dave today at 613-852-1586. You'll never want to buy meat at the grocery store again!



"We Deliver Quality"

## Fall for Dancing! With Piqué Dance Studio International

The Fall Dance Term is underway, but it's not too late to join in the exciting classes going on at Piqué Dance Studio. From jazz, tap and ballet to stage, highland, cheerleading and hip-hop, Piqué offers something for everyone at every age!

The warm and friendly atmosphere of Piqué Dance Studio seems to inspire the inner-dancer in everyone who walks through their doors. Students develop a firm foundation in dance technique from friendly, experienced and certified instructors. Combining their skills with the confidence and self-esteem that they build, there's no telling how high they might go. Piqué would like to extend congratulations to the following dancers: Laura Braid, Melissa Frost, Larissa Gerszke, Sarah Millar and Jenny Sills who were invited to compete in the North American Dance Scholarships by the British Association of Teachers of Dancing.

Piqué also offers innovative programs such as "Teens Only" dance



classes, "Tap Puppies" which is a boys only tap class, "Mom & Me Music and Movement" as well as Ballroom Dance for Adults. New this year is "Mom & Me Fitness"; a post-natal fitness class to help new Moms get back in shape while spending some bonding time with their new baby.

Piqué offers something for everyone at every skill level. So what are you waiting for ... DANCE! For more information on all Piqué Dance Studio's courses, visit [www.piquedance.com](http://www.piquedance.com) or call 613-692-0520. Piqué Dance Studio International is located just minutes from Riverside South at 5710 Longshadow Street (head south on Limebank Road - across from St. Mark High School.)

